



OVIEDO HIGH SCHOOL ATHLETICS

2022-2023



Fall Sports	Head Coach	Email	Summer Information
Bowling	Joel Freund	joel_freund@scps.k12.fl.us	Tryouts will be at the Oviedo Bowling Center on Wednesday, August 10 & Thursday, August 11 at 3:15pm. Please email Coach Freund for more information.
Cross Country	Joe Hazera	jhaze10@aol.com	Open tryouts begin on Monday, August 1. All prospective athletes are welcome and must be cleared. Please email Coach Hazera for more information.
Football	Greg Odierno	odierngl@scps.k12.fl.us	The first day of practice for Varsity and Junior Varsity is Monday, August 1 - meet in the locker room at 8:15am & bring cleats. The first day of practice for Freshmen is Thursday, August 4 - meet in the locker room at 2:00pm & bring cleats.
Girls Golf	Zach Densberger	zack_densberger@scps.k12.fl.us	There will be a meeting for all interested in trying out at 2:30pm on Friday, August 12 in Coach Densberger's classroom 8-014. The first day of tryouts will be on Monday, August 15 at Twin Rivers at 3:00pm.
Boys Golf	John Howell	john_howell@scps.k12.fl.us	New Golfers will tryout on Monday, August 1 and Thursday, August 4 at Twin Rivers at 3:30pm. Returning Players will join the new golfers at Twin Rivers on Monday, August 8.
Swimming & Diving	Charlie Rose	bdcoachrose@gmail.com	There will be a meeting for all interested in trying out at 2:30pm on Monday, August 15 in the Commons. Tryouts will be on 1:45pm on Wednesday, August 17 at the Oviedo Aquatic Center - swimmers must be able to complete a legal 100 of 3/4 strokes.
Girls Volleyball	Jen Darty	jennifer_darty@scps.k12.fl.us	Tryouts begin on Monday, August 1 from 9:00-12:00 for Returning Players and 3:00-6:00 for all New Players to Oviedo High School. Please review the full tryout packet online for more information.
Sideline Cheer	Courtney Boucher	courtney_boucher@scps.k12.fl.us	Cheer Tryouts for current students took place in April. Tryouts for incoming freshmen is on May 26 & 27 in the Commons with an Interest Meeting on May 10.

Participation in interscholastic athletic programs by a student is a **privilege**, not a right. Students who participate are required to meet the requirements established in state law, FHSAA regulations, Seminole County Public Schools and Oviedo High School.

TO PLAY SPORTS AT OVIEDO HIGH SCHOOL:

- The student-athlete must be currently enrolled at Oviedo High School or have submitted the correct paperwork as a home-schooled student (EL7) or non-FHSAA member private school student (EL12/EL14) and approved for participation.
- The student-athlete must have a current FHSAA/SCPS Sports Physical (must be on an EL2 Form) on file with our Athletic Department. This form, along with additional documents, must be submitted to www.AthleticClearance.com. Upon submitting all paperwork, you will receive an email stating whether or not you have been cleared. If you are cleared to participate, the coach of the sport you elected to participate in is automatically notified of your clearance. A student-athlete is not eligible to participate in any athletic event, this includes any conditioning, workouts, practices, or games, until he or she has been cleared through www.AthleticClearance.com.
- Beginning in the 2022-23 school year, Seminole County Public Schools is requiring an Electrocardiogram (ECG) for all students prior to participating in any athletic activity. An ECG heart screening is only required one time in a child's high school career and can be completed in the student's 8th grade year or after.
- The student-athlete must have a cumulative unweighted GPA of a 2.0 or higher at the conclusion of each semester to be academically eligible during the next semester.
- The student-athlete must be a US Citizen or have received clearance to participate as an International student by the Athletic Office.
- The student-athlete must watch three NFHS videos as mandated by the FHSAA. The videos can all be found on www.NFHSLearn.com. The courses include "Concussion in Sports," "Heat Illness Prevention," and "Sudden Cardiac Arrest."
- The student-athlete must adhere to the SCPS Citizenship Standards for Participation in Extracurricular Activities.

[For more eligibility information and full athletic clearance instructions, click here.](#)