



OVIEDO HIGH SCHOOL ATHLETICS

2022-2023



Spring Sports	Head Coach	Email		
Boys Weightlifting	Greg Odierno	odierngl@scps.k12.fl.us	1/9/2023	There will be an interest meeting for all students on Tuesday, December 6. The first practice will be on Monday 1/9. Practices will be 2:45-4:00pm in the Athletic Weight Room on Monday, Tuesday, Thursday & Friday.
Water Polo	Charlie Rose	bdcoachrose@gmail.com	1/11/2023	Tryouts begin on Wednesday 1/11 at 4:30-6:00 at the Oviedo Aquatic Center. There will be a parent meeting at 6:00pm following the tryout.
Tennis	Will Furiosi	william_furiosi@scps.k12.fl.us	1/16/2023	There will be an interest meeting on Thursday 1/5 in Room 12-018 right after school. The first day of tryouts will be on Tuesday 1/17 at our on-campus courts at 2:45 PM. Players should have their athletic clearance completed and should bring tennis rackets and water, wear tennis shoes and athletic clothes.
Baseball	Andy Lyon	lincoln.lyon@yahoo.com	1/23/2023	Preseason Conditioning starts 11/28 on Monday through Thursday, after school with Open Field at 3:30 (2:30 on Wed) followed by Conditioning & Lift. Tryouts are on 1/23 & 1/24 from 4:30-7:30pm.
Girls Lacrosse	Scott Dean	gatordean@yahoo.com	1/23/2023	Tryouts will begin on Monday 1/23 from 6:00-7:30pm on John Courier Field. The team will have conditioning on the Front Practice Field from 4:00-6:00pm on 1/3, 1/5, 1/10, 1/12, 1/17 & 1/19.
Boys Lacrosse	Gavin McGuckin	gmcguckin33@gmail.com	1/23/2023	Tryouts will begin on Monday 1/23 from 7:30-9:00pm on John Courier Field.
Softball	Anna Hollis-Childress	anna_hollis@scps.k12.fl.us	1/23/2023	Tryouts will be on Monday 1/23, Tuesday 1/24 & Wednesday 1/25 from 3:30-5:30pm on the Softball Field. There will be Preseason workouts starting on 1/2-1/6 from 2:45-4:00pm (1:45pm on Wednesday) & 1/9-1/12, 1/16-1/19 from 3:30-5:30pm (2:30pm on Wednesday).
Track & Field	Joe Hazera	hazeraja@scps.k12.fl.us	1/30/2023	Track and Field Conditioning starts 11/28 on Monday through Friday, 2:50-4:15pm (1:50pm on Wednesday). Athletes should have their athletic clearance completed and bring proper footwear, clothing and water bottle.

Boys Volleyball	Jeff Schneider	j.schneider5@yahoo.com	2/13/2023	Boys Volleyball Tryouts will be on Monday 2/13 from 2:30-5:00pm in the PE Gym. If basketball is still in season, the times may change. Leading up to tryouts, there will be Open Gym on 1/9, 1/12, 1/19 in the PE Gym and on 1/23 in the RWL Gym from 8:00-9:30pm.
Beach Volleyball	Jen Darty	jennifer_darty@scps.k12.fl.us	2/6/2023	Tryouts will be on Monday 2/6 and Wednesday 2/8 from 3:00-4:30pm at Lyman High School. Please reference the tryout packet for more information.

Participation in interscholastic athletic programs by a student is a **privilege**, not a right. Students who participate are required to meet the requirements established in state law, FHSAA regulations, Seminole County Public Schools and Oviedo High School.

TO PLAY SPORTS AT OVIEDO HIGH SCHOOL:

- The student-athlete must be currently enrolled at Oviedo High School or have submitted the correct paperwork as a home-schooled student (EL7) or non-FHSAA member private school student (EL12/EL14) and approved for participation.
- The student-athlete must have a current FHSAA/SCPS Sports Physical (must be on an EL2 Form) on file with our Athletic Department. This form, along with additional documents, must be submitted to www.AthleticClearance.com. Upon submitting all paperwork, you will receive an email stating whether or not you have been cleared. If you are cleared to participate, the coach of the sport you elected to participate in is automatically notified of your clearance. A student-athlete is not eligible to participate in any athletic event, this includes any conditioning, workouts, practices, or games, until he or she has been cleared through www.AthleticClearance.com.
- Beginning in the 2022-23 school year, Seminole County Public Schools is requiring an Electrocardiogram (ECG) for all students prior to participating in any athletic activity. An ECG heart screening is only required one time in a child's high school career and can be completed in the student's 8th grade year or after.
- The student-athlete must have a cumulative unweighted GPA of a 2.0 or higher at the conclusion of each semester to be academically eligible during the next semester.
- The student-athlete must be a US Citizen or have received clearance to participate as an International student by the Athletic Office.
- The student-athlete must watch three NFHS videos as mandated by the FHSAA. The videos can all be found on www.NFHSLearn.com. The courses include "Concussion in Sports," "Heat Illness Prevention," and "Sudden Cardiac Arrest."
- The student-athlete must adhere to the SCPS Citizenship Standards for Participation in Extracurricular Activities.

[For more eligibility information and full athletic clearance instructions, click here.](#)